

Volunteer at mobile meal sites this summer!

Maryland Hunger Solutions is looking for friendly, enthusiastic individuals over the age of 18 to volunteer at mobile meal sites one day a week, from 11AM-2PM, in Anne Arundel County and Baltimore City.

If you are interested in nutrition, enjoy working with children, and love being outside, consider volunteering at a mobile meal site this summer! Mobile meal sites provide free, nutritious meals and nutrition based educational activities to children under the age of 18 during the summer months of June, July, and August. Volunteers are asked to commit to **one 11AM-2PM shift, one day a week on Monday-Thursday, during the months of June, July, and August.**

During this time, volunteers will:

- **Travel** to three different mobile meal sites and **serve** nutritious meals to children
- Implement **fun activities** at mobile meal sites focused on **nutrition education and healthy eating**

If you are interested in learning more about this opportunity or you would like to volunteer, please contact **Sarah Niskanen** at sniskanen@mdhungersolutions.org or (410) 528-0021 x24.



Maryland Hunger Solutions

Ending hunger and promoting well-being